

## Helpful resources on relationships



Happily are a dating agency for people who have learning disabilities or who are on the autistic spectrum in West London.

**Email: [hello@happilydating.com](mailto:hello@happilydating.com)**

**Telephone: 07397066761**



Brook is a charity that offer advice and education on sexual health.

You can find their website on:

**<https://www.brook.org.uk>**



Stay up Late helps people with learning disabilities to attend late night activities like watching rock bands.

**Email: [info@stayuplate.org](mailto:info@stayuplate.org)**

**Telephone: 01273 418102**



FPA is a sexual health charity that offers advice and information for people with learning disabilities.

**Telephone: 0300 123 7123**



You can call national Mencap's advice line for support with relationships and friendships

**Telephone: 0808 808 1111**



Choice Support supports people out of institutions, to re-connect with families and build new lives in the places they once lived contact by filling in an online inquiry form.

You can find their website on:

<https://www.choicesupport.org.uk/contact-us/general-enquiries>